

Standardized Tools	Cognitive Retraining* - Leisure Skills	
Measuring Attitudes	Cognitive Re-Training,	Strengthen your mind: Activities for people with early memory loss
Leisure Interest Measure (LIM)	Memory, Attention,	52 Brain-boosting activities for groups
Leisure Motivation Scale (LMS)	Scanning, Orientation,	Wii Brain Academy
Leisure Satisfaction Measure (LSM)	Problem-Solving,	Large print puzzle books - Word Search, Crossword, Sudoku
Leisure Attitude Measurement (LAM)	Compensation	Board games - Checkers, Chess, Dominoes, Apples to Apples
Leisurescope		Memory books, aids, calendars
Measurement of Social Empowerment and Trust (SET)	* "cognitive retraining...used after brain damage (e.g., stroke, traumatic brain injury) to recover lost cognitive skills, throughout a progressive neurological disease (e.g., Alzheimer's disease, multiple sclerosis) to help promote maintenance of current cognitive skills, and to promote developmental growth of cognitive skills" (Porter & Burlingame, 2006, <i>Recreational therapy handbook of practice</i> , p.605)	
Measuring Functional Skills		
Bus Utilization Skills Assessment (BUS)		
Comprehensive Evaluation in Recreational Therapy – Psych/Behavioural, Revised (CERT-Psych/R)	Cognitive + Fine Hand Use	Jigsaw puzzles - EZ Grip
Comprehensive Evaluation in Recreational Therapy – Physical Disabilities (CERT-Phys)		Puzzle Mat
		Playing cards, Jumbo playing cards
		Automatic card shuffler
Measuring Participation Patterns		
Assessment of Leisure and Recreation Involvement (LRI)		Card holders
Vitality Through Leisure Assessment		Games - Cribbage, Uno, Skipbo, Jenga, Dice, Poker chips
Leisure Step-Up		Handicraft supplies - large size knitting needles, crochet hooks
Community Integration Program		Grasping/stabilizing - foam tubing, Dycem, Koban, clamps, putty, cuffs
Recreation Participation Data Sheet	Cognitive + Social,	Giant Wall Crossword Puzzle
MARCC Measurable Assessment in Recreation for Resident-Centred Care	Communication	Word games - Scrabble, Boggle, Taboo
		Trivia games - Clue Trivia, This & That Trivia for Seniors
Outcome Measures		
Leisure Competence Measure (LCM)	Cognitive + Creative, Constructive	Pre-cut woodworking kits
		Selection of art & craft supplies

Reference Books	Relaxation & Stress Reduction, Behaviour Management	
Leisure Competence Measure (Kloseck & Crilly)		Selection of relaxation, Guided imagery CDs
Recreational Therapy Handbook of Practice – ICF based diagnosis & treatment (Porter & burlingame)		Music CDs
Therapeutic Recreation Program Design: Principles and Procedures (Stumbo & Peterson)		Stress balls, playdoh
Therapeutic Recreation in Health Promotion & Rehabilitation (Shank & Coyle)	Sensory Stimulation & Reminiscence	
Assessment Tools for Recreational Therapy and related fields (burlingame & Blaschko)		Bread machine, ice cream maker
Behavioural Health Protocols for Recreational Therapy (Grote, Hasl & Krider)		Sensory stimulation kits - visual, tactile, olfactory, auditory, gustatory
Protocols for Recreation Therapy Programs (Kelland)		Reminiscence therapy kits
Client Assessment in Therapeutic Recreation (Stumbo)		Hand massage/self-care supplies
Care Planning Cookbook for Activites and Recreation: An MDS Guide to Building Quality Care Plans (Nolta & Hall)		Cooking and baking supplies
Montessori Based Activites for Persons with Dementia (Camp)		Music CDs
		Selection of small musical instruments
Workbooks	Humour, Pleasure, Hope	
Dementia and Elderly		Selection of small gardening & creative arts supplies
Activities for the Elderly		Selection of movie DVDs, TV Classic DVDs, Armchair Travel
Activity Planning Workbook: Adapted for People with Dementia		Imagination Vacation
Mental Health	Physical Leisure Activity, Exercise, Wellness	
The Relaxation and Stress Reduction Workbook	Equipment	Active video games (Wii Play/Sport/Fit Plus, Xbox Kinect, Playstation)
The Anxiety and Phobia Workbook		Golf putting mat, golf putter, golf balls
The Depression Workbook		Indoor bowling &/or outdoor bocce
Ending the Depression Cycle		Croquet
Strategies for Anger Management		Tossing and catching - bean bags, velcro/ball toss, balls
Life Management Skills, volumes 1-8 (Korb, Azok, Leutenberg)		Badminton racquets, birdies, balloons (latex free)
The Building Resiliency Workbook		Selection of exercise DVDs - Seated Yoga, Tai Chi, Sit N Dance
The Social Skills Program		The Great Stretch Tubing Handbook
Activities of Daily Living: A Manual of Group Activities & Written Exercises (McCarthy, K)		Stretch tubing, therabands, free weights (1 lb - 5 lb)
Social Skill Strategies (adolescent) (Gajewski, Hirn, Mayo)	Physical Activity	
Inner Health - Relaxation worksheets http://www.innerhealthstudio.com/	Printable Tip Sheets	Get Active Tip Sheets
		http://www.phac-aspc.gc.ca/hp-ps/hl-mvs/pa-ap/04paap-eng.php
		Go4Life Tip Sheets http://go4life.nia.nih.gov/resources/tip-sheets
		Alberta Centre for Active Living, Physical Activity Counselling Toolkit
		http://www.centre4activeliving.ca/our-work/toolkit/references.html

Workbooks con't		General
Diagnosis-specific		CD/DVD player
The MS Workbook		Large screen TV
		Active video game consoles (Nintendo Wii, Xbox)
Wellness, Motivation, Behaviour Change		Computer, laptop, tablet
Wellness Lifestyle Workbook		Tea pot, coffee pot, kettle
Strategies for Motivation: Learning Ways to get unstuck		Activity aprons/activity pillows
Structured Exercises in Wellness Promotion (Tubesing)		Magazines, various
Structured Exercises in Stress Management (Tubesing)		
	Purchasing	
	Idyll Arbor http://www.idyllarbor.com/	
General	Venture Publishing, Inc. http://www.venturepublish.com/	
201 Icebreakers (West, E.)		
Accessible Gardening for People with Physical Disabilities (Adil)	Flaghouse Activities http://www.flaghouse.ca/default.asp?Category=Activities%20for%20Life	
Gardening Projects for Horticultural Therapy Programs (Bruce & Folk)	Spectrum Nasco Educational Products http://education.spectrum-nasco.ca/	
Art as Therapy: Inspiration, Innovation & Ideas (Fausek-Steinbach)	Concepts du Sablier http://www.sablier.com/?__store=en	
	Therapro http://www.therapro.com/Adult-Mental-Health-Wellness-C307876.aspx	
	Scholar's Choice (Art and Craft supplies) http://www.scholarschoice.ca/	
	School Specialty Canada (Art and Craft supplies) http://store.schoolspecialty.com/OA_HTML/ibeCCTpSctDspRte.jsp?minisite=10224	
	Wintergreen http://www.wintergreen.ca/	
	Tandy Leather http://www.tandyleatherfactory.ca/en-cad/home/home.aspx	
	Activity Connection http://www.activityconnection.com/	
	Re-creative Resources http://www.recreativeresources.com/	